

Central Mass. Intergroup Newsletter

November - December 2010

P O. Box 20539 - Worcester, MA 01602 - (508) 754-7712
centmassint@yahoo.com www.centmassint.org

Officers and Representatives in Attendance

November 6, 2010

Chairperson/Web Coordinator – Coreen	Tuesday Worcester 10:00 AM - Not Present
Vice-Chairperson – Susan	Tuesday Worcester 7:00 PM - Not Present
Secretary – Stephanie	Wednesday Southbridge 7:00 PM - Not Present
Treasurer – Tom	Thursday N. Leominster 7:00 PM - Joyce
Newsletter & WSBC Delegate – Nancy	Thursday, Shrewsbury 7:00 PM - Not Present
P.O., P.I. Committee – Rose	Thursday Southborough 7:00 PM – Not Present
Region 6 Reps. – Pam & Rose	Friday Putnam, CT 7:00 PM - Not Present
Executel/Hotline - Pam	Friday Worcester 6 :00 PM AdCare –Not Present
Sunday Fitchburg 7:00 PM – Susan	Friday Worcester 7:00 PM AdCare - Ann
Sunday Worcester 7:00 PM - Not Present	Friday Southborough 10:00 AM – Not Present
Monday Auburn 7:00 PM - Mary Beth	Saturday Charlton 9:00 AM - Not Present
M/W/F Worcester 7:00 AM - Not Present	Saturday Leominster 8:00 AM - Linda
Tuesday Gardner 6:30 PM – Joe	Saturday Leominster 10:00 AM - Rose
Tuesday Danielson, CT 7:00 PM - Not Present	Saturday Worcester 7:30 AM – Carleen
Tuesday Westboro 7:00 PM - Not Present	Interested Observers: Gerry and Michelle

Donations November through December 4

Sunday Fitchburg 7:00 PM	\$150.00	Thursday Shrewsbury 7:00 PM	\$199.00
Sunday Worcester 7:00 PM	97.00	Thursday Southboro 7:00 PM	50.00
Monday Auburn 7:00 PM	300.00	Friday Worcester 6:00 PM	35.00
Tuesday Gardner 6:30 PM	300.00	Friday Worcester 7:00 PM	25.00
Tuesday Worcester 7:00 PM	70.00	Saturday Worcester 7:30 AM	160.00
Wednesday Southbridge 7:00 PM	48.00	Saturday Leominster 10:00 AM	125.00

Officers and Representatives in Attendance

December 4, 2010

Chairperson/Web Coordinator – Coreen	Tuesday Worcester 10:00 AM – Not Present
Vice-Chairperson - Susan	Tuesday Worcester 7:00 PM – Not Present
Secretary – Stephanie	Wednesday Southbridge 7:00 PM – Not Present
Treasurer – Tom	Thursday N. Leominster 7:00 PM - Joyce
Newsletter & WSBC Delegate – Nancy	Thursday, Shrewsbury 7:00 PM – Not Present
P.O., P.I. Committee – Rose	Thursday Southborough 7:00 PM*
Region 6 Reps. & Executel/Hotline – Pam & Rose	Friday Putnam, CT 7:00 PM – Not Present
Sunday Fitchburg 7:00 PM – Susan	Friday Worcester 6:00 PM AdCare – Jodi
Sunday Worcester 7:00 PM - Joy	Friday Worcester 7:00 PM AdCare – Ann
Monday Auburn 7:00 PM – Mary Beth	Friday Southborough 10:00 AM – Pat & Alice
M/W/F Worcester 7:00 AM – Not Present	Saturday Charlton 9:00 AM – Not Present
Tuesday Gardner 6:30 PM – Nancy	Saturday Leominster 8:00 AM – Not Present
Tuesday Danielson, CT 7:00 PM – Not Present	Saturday Leominster 10:00 AM - Rose
Tuesday Westboro 7:00 PM – Not Present	Saturday Worcester 7:30 AM – Mary Ann

*Moved to Metro West Intergroup

Thanks to all who gave service by attending CMI meetings.

HOLIDAY NOTE: Saturday Leominster 10 AM Meeting

Christmas Day – **No** meeting
New Year's Day – Meeting **WILL** be held

Humility

Inscription from a Plaque on Dr Bob's desk - which to him best described humility:

"Perpetual quietness of heart. It is to have no trouble. It is never to be fretted or vexed, irritable or sore; to wonder at nothing that is done to me, to feel nothing done against me. It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and pray to my Father in secret and be at peace, as in a deep sea of calmness, when all around and about is seeming trouble."

NEW! – E-PUBLICATIONS NOW AVAILABLE

Three popular literature items are now available *electronically*:

The Twelve-Step Workbook of Overeaters Anonymous - \$5.00*

The Twelve Steps and Twelve Traditions of Overeaters Anonymous - \$9.00*

Fourth-Step Inventory Guide - \$3.00*

* Plus shipping & handling

They may be purchased by visiting **bookstore.aa.org** and selecting the "e-books" category.

OA 50th ANNIVERSARY BOOKMARKS

Price reduced! Now available online for \$3.00 (plus S & H) while supplies last.

A Step Ahead – Fourth Quarter

The fourth quarter issue of *A Step Ahead* is posted online at: www.aa.org/services-for-members/newsletters.php. This publication contains a wealth of information for members. Group secretaries should download it, and make copies for distribution at meetings.

Does your group have a *Lifeline* Rep? They Make All the Difference!

OA has 6,480 groups and only 219 *Lifeline* reps. Encourage your group to have a *Lifeline* rep. and help us increase circulation. For more information and a rep. kit, contact info@aa.org, and put *Lifeline* Rep. in the subject line.

**OA Guidelines: An All-in-One Reference
Available for download or purchase**

Have all your meeting questions answered in one place. This collection of 16 documents provides guidance on many topics of interest to groups such as budget, fundraising, group conscience meetings, addressing disruptive behavior at meetings, health fair participation, membership retention, and many more.

Download at www.aa.org/services-for-members/oa-guidelines.php or purchase packet of guidelines (Item #570 - \$7.00 plus S&H) online at bookstore.aa.org/products/570-aa-guidelines.

New Meetings!

LANCASTER, MA

Thursdays 7:00-8:00 PM – The College Church – 337 Main Street
Chapel Room – 2nd floor (on left at top of stairs) – Meeting varies

NASHUA, NH:

Fridays 6:00-7:00 PM – Methodist Church – 154 Main St. – Chapel Room
OA 12 & 12 Step Meeting

Meetings of the Month!

JANUARY:

THURSDAY 7:00 PM – Meeting Varies
The College Church – Chapel
337 Main Street – Lancaster, MA

FEBRUARY:

FRIDAY 7:00 PM – Voices of Recovery
AdCare Hospital
Worcester, MA

CMI Meeting

Next meeting will be held on Saturday, January 8. All are welcome to join us at the Unitarian Universalist Church, Holden St., Worcester, MA from 8:45–9:45 AM.

Upcoming Events

MARATHON 2011 – OA in Action

Sponsored by Western Mass. Intergroup

Saturday, January 8, 2011 (snow date 1/15/11) – 8:30 AM – 3:00 PM

St. David's Episcopal Church
699 Springfield Street
Feeding Hills, MA

For more information, visit: www.oamass.org and click on **Marathon 2011** on left.

REGION 6 SPRING ASSEMBLY

Saturday, April 9, 2011

Best Western Sovereign Hotel
Western Avenue, Albany, NY

A GUIDED JOURNEY THROUGH THE 12 STEPS OF OA

Sponsored by Western Mass. Intergroup

June 3, 4 & 5, 2011

Genesis Spiritual Life Center
53 Mill Street
Westfield, MA

Contact person: Roberta at wmiretreat@oawmass.org or (413) 862-9627

**CMI MEMBERS WISH YOU A MERRY, SAFE,
PEACEFUL & ABSTINENT HOLIDAY SEASON!**

