

# Central Mass. Intergroup Newsletter

## July-August 2011

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### **NOMINATIONS FOR OFFICERS ON SEPT 10<sup>TH</sup> – ELECTIONS ON OCTOBER 1<sup>ST</sup>**

*Central Mass. Intergroup will hold nominations for officers at the next meeting on September 10<sup>th</sup>. All offices are open including Chairperson, Vice-Chair, Secretary, Treasurer and Newsletter Editor. Elections will also be held for Region 6 Reps. for 2012.*

*Please take a moment to reflect on whether this might be a good time for you to do service at the intergroup level. If so, please come to the Sept. 10<sup>th</sup> meeting. Nominations can be made from the floor by any member of the voting body.*

*Meetings are held the first Saturday of each month from 8:45-9:45 AM at the Unitarian Universalist Church, 90 Holden Street, Worcester. (The church is located on Shore Drive just down the road from the Greendale YMCA.)*

### **OFFICERS AND REPRESENTATIVES IN ATTENDANCE AUGUST 6, 2011\***

Chairperson ProTem - Tom	Tuesday Westboro 7:00 PM - Not Present
Web Coordinator – Not Present	Tuesday Worcester 7:00 PM - Laura
Vice-Chairperson – Not Present	Wednesday Southbridge 7:00 PM – Not Present
Secretary ProTem – Mary Beth	Thursday Lancaster 7:00 PM – Not Present
Treasurer – Tom	Thursday N. Leominster 7:00 PM – Joyce
Newsletter & WSBC Delegate – Nancy	Thursday, Shrewsbury 7:00 PM - Austine
P.O., P.I. Committee – Rose	Friday Worcester 6:00 PM AdCare – Not Present
Region 6 Rep. – Rose	Friday Southborough 10:00 AM – Alice & Alt. Pat
Sunday Fitchburg 7:00 PM – Not Present	Saturday Charlton 9:00 AM – Not Present
Sunday Worcester 7:00 PM – Not Present	Saturday Leominster 8:00 AM – Lynda
Monday Auburn 7:00 PM – Mary Beth	Saturday Leominster 10:00 AM – Rose
Tuesday Gardner 6:30 PM – Judy	Saturday Worcester 7:30 AM – Christine

\*Intergroup does not meet in July.



**Newsletter Theme - Service**  
***Are You Giving Back What You Have So Generously Been Given?***

“Individuals are fully self-supporting only when they do what they can, when they can, giving back some of the help they’ve been given in OA.” (*The Twelve Steps & 12 Traditions of Overeaters Anonymous*, p. 166)

“Service gives me practice at freeing myself from the bondage of self. I am gaining this freedom by concentrating on things outside myself.” (*Voices of Recovery*, p. 284)

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.” (*Alcoholics Anonymous [Big Book]*, Fourth Edition, p. 89)

“I Put My Hand in Yours, and together we can do what we could never do alone...” (*from Rozanne’s prayer in I Put my Hand in Yours Red Book*, p. 1)

“For every *thimbleful* of service I give, I get back a *boat load* of recovery.” (*Anonymous OA member*)



**Group Purchase of OA Literature**

One of CMI’s groups has inquired as to the appropriateness of purchasing literature from sources other than the OA World Service Office. We checked with Mary Rose Dallal, the Region 6 Trustee, who has clarified this question more than adequately below:

“There are a few literature services we technologically cannot do ourselves, including the Kindle version of the OA Twelve and Twelve; so we have contracted with Amazon, and we receive a percentage of the sales. Members must purchase this—for now—in the electronic form, from Amazon.

When we purchase literature from OA, we are supporting the work of the publications department. Being not-for-profit, the profit we do receive goes directly into twelfth step work, carrying the message, whether in public information, public outreach, or scholarships for delegates to attend the WSBC. The purchase price for our publications is set by the Executive Committee and confirmed by the Board of Trustees. They use a formula that accurately reflects the production and handling costs of the material. Shipping costs are separate. I am not aware of great differences in costs from other sources, but if something seems excessive, we could and should look into it.

When a group is doing a specific public outreach project and plans to sell/distribute in bulk, it may apply for reduced cost literature to ease the expenses of a public information blitz.”



**I ♥ Recovery! Don't Miss**  
**REGION 6 CONVENTION 2011**

*Sponsored by Greater NY Metro Intergroup and Region 6 Convention Committee*

**October 21-23, 2011**

*Crowne Plaza Hotel*

*64 Hale Avenue*

*White Plains, NY*

Cost: \$289.67/double occupancy, plus registration fee (accommodations plus five meals included)

For details and other options, visit: <http://oanyc.org/iheartrecovery/>

***Still Time to Attend - Registration Continues Until Conference***



**Together We Can**



**Be Happy, Joyous, and Free!**