

Step Into Recovery

Put Some Spring in Your Steps

Overeaters Anonymous Retreat

Edwards House Meeting Center
1 Badger Road
Framingham, MA



April 15-17 2016

*Join us for a weekend of
fellowship as we walk
through the steps with
multiple experienced
speakers.*

Sponsored by the Central Mass. Intergroup of OA

There are two options for you to choose from: **OVERNIGHT or COMMUTER**

Please note that the overnight option includes 2 nights' lodging at the Edwards House, triple or quadruple occupancy. Due to the limited number of beds (21), these rooms fill up quickly. Fortunately, there are two nearby hotels:

Sheraton Framingham: call (800-325-3535) Motel 6: call (508-620-0500)

Both options - Overnight and Commuter - Include all 6 meals

Friday: dinner Saturday: breakfast, lunch, dinner Sunday: breakfast and lunch

FRIDAY: Check-in starts at 4 pm | Dinner 6 pm | Opening Meeting 7 pm

SATURDAY: Program ends at 3:30 pm followed by free time/leisure activities | Dinner 6 pm | Evening fun stuff!

SUNDAY: Retreat concludes at 12 noon followed by lunch.

Meals will be simply and flavorfully prepared without added sugar, breading or frying.

Cancellation: Full refund prior to March 25th. For more info: eventsctmi@gmail.com

Mail below form, no later than **3/25/2015** with check payable to **"CMI", P.O. Box 20539, Worcester, MA 01602**

Confirmations and updated info will be sent via email. *No email? Please include 2 self-addressed stamped envelopes.*

A limited number of scholarships are available for those who need them. For info, email: eventsctmi@gmail.com.

Name: _____ Email: _____

Cell Ph: _____ Address: _____

Overnight Option **\$229 (\$209 Early Bird Rate by February 26th)** I have enclosed a check in the amount of: \$ _____

Commuter Option **\$149 (\$129 Early Bird Rate by February 26th)** I have enclosed a check in the amount of: \$ _____

Roommate Preference: _____

Roommates will be assigned as needed. There will be three and four to a room. Men and women will be separate including couples.

Emergency Contact and Phone: _____

Would you like to be included on the "We-Care List" (email contact list distributed to all attendees)? _____ Yes _____ No

Are you interested in doing service during the event? _____ Yes _____ No

If you have gone through all of the steps, have at least 90 days of abstinence, and are working a program of recovery, would you consider service as a speaker? _____ Yes _____ No If yes, which step do you prefer to speak on? _____ (1st choice) _____ (2nd choice) _____ (3rd choice)

Additional info or necessary requests: _____