

Sponsorship

Early in my recovery, someone encouraged me to become a sponsor as I worked through the Steps because even my limited experience would help someone. After a while I was ready to sponsor and waited. No one came to me. I felt both relieved and frustrated because I was afraid of not sponsoring “perfectly”, whatever that means; yet I knew I had experience, strength and hope to offer.

It occurred to me to apply the Third Step to this situation. I prayed to release my sponsorship desire to God's will, and when God was ready for me to sponsor, the willing sponsee would be ready. In a divine coincidence, within 90 minutes after I offered that prayer (really!), someone asked me to sponsor her. I felt honored and excited to accept.

I encouraged my sponsee to use her tools of writing, prayer and telephone. When she slipped, either by overeating or by an emotional or spiritual misdeed, I encouraged her to talk about it. We talked about how to change the behavior and how to “act as if.” As she worked through the Steps, she inspired me and became a refreshing reminder to continue my Step work and remain abstinent.

–Anonymous, Maryland, MD

Upcoming Events

Thank-a-Thon

St. Michaels on the Heights
Thursday November 26, 9-12
Speakers every hour.

Stop by for extra support on Thanksgiving Day!

Central Mass Intergroup Retreat

Friday April 17, 2016
Edwards House Framingham
More information coming soon!

Intergroup

Saturday December 5, 2015
8:45 AM – 10:45 AM
Unitarian Universalist Church
90 Holden Street, Worcester, MA

“Believe that you can be abstinent. You will be. Believe you can have sanity, peace of mind, and freedom to live the life you want. You will have them. Believe that you will recover. You will.”

–For Today, p. 354

CMI Activities and Goals

Share-a-thon – Fall TBA
Thank-a-Thon- Thanksgiving
Twelfth-Step Within – Dec. 12
Retreat – April 15-17, 2016

Interested in volunteering?
Email eventsbcmi@gmail.com

7 th Tradition		
Fitchburg	Sun 7:00 PM	\$86
Auburn	Mon 7:00 PM	\$24
Fitchburg	Wed 11:00 AM	\$182
Worcester	Sat 7:30 AM	\$120
Leominster	Sat 10:00 AM	\$140
		\$552.00

News From World Service



World Service Convention

Trail to Freedom

September 1-4, 2016

Boston Marriott
Copley Place
Boston, MA

Body Image
Sexuality
Relationships
& Recovery

OA is developing a new publication and wants to hear your experience, strength and hope on the topics of body image, sexuality and relationships. Help others by sharing how maintaining abstinence, and relying on a Higher Power has meant a life free from shame and isolation and one full of beauty, love, and self-acceptance. Send your story 500 words or less to info@oa.org

Next Intergroup

Saturday December 5, 2015, 8:45AM
Unitarian Universalist Church, 90 Holden Street Worcester

Our Member Groups (Meetings)

The meetings below are associated with our Central Mass Intergroup. If there are any updates or corrections, please contact the newsletter editor Lisa M. (lisad.mendes@gmail.com)

Town	Day/ Time	Location Name	Special Topic/ Focus
Auburn	Monday 7:00 PM	Bethel Lutheran Church	Speaker/Topic
Millbury	Tuesday 7:00 PM	Millbury Federated Church	Big Book
Gardner	Tuesday 6:30 PM	Gardner Rehabilitation & Nursing Center	Varies
Worcester	Tuesday 7:00 PM	Adcare Hospital	For Today
Westboro	Tuesday 7:30 PM	St. Luke Evangelist Catholic Church	OA Steps and Traditions
Fitchburg	Wednesday 11:00 AM	Madonna Holy of the Rosary Church	Big Book
Milford	Wednesday 6:00 PM	Library	Literature Study
Shrewsbury	Thursday 7:00 PM	Veteran's Inc.	OA Steps and Traditions
Southborough	Friday 10:15 AM	Southboro Public Library	Big Book
Leominster	Saturday 8:30 AM	Leominster Hospital	None listed
Worcester	Saturday 7:30 AM	UU Church, Holden St	Voices of Recovery
Leominster	Saturday 10:00 AM	Leominster Hospital	OA Steps and Traditions
Worcester	Sunday 7:00 PM	St. Michael's on the Heights	Speaker
Fitchburg	Sunday 7:00 PM	The Highlands Nursing Home	Literature Study